Option 1: more direct translation of 40/10 control rule (more like SQ)

\[ \text{OFL} = F_{msy} \times B \]

\[ \text{ABC} = F_{msy} \times B \times P^* \]

Option 2: more precautionary approach to application of the 40/10 control rule

\[ \text{OFL} = F_{msy} \times B \]

\[ \text{ABC} = F_{msy} \times B \times P^* \]